



**JESICA GARRIDO PEDROSA**

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## Summary of CV

This section describes briefly a summary of your career in science, academic and research; the main scientific and technological achievements and goals in your line of research in the medium -and long- term. It also includes other important aspects or peculiarities.

### Professional profile:

As an Occupational Therapist with a PhD in Health, Wellbeing and Quality of Life, I specialize in non-pharmacological interventions tailored to diverse populations. My expertise is in improving quality of life and health outcomes for people living with a range of conditions, particularly adults with neurological conditions.

### Academic contributions:

I actively contribute to the Occupational Therapy program at EUIT, an institution affiliated to UAB. My teaching portfolio covers a variety of topics, including neuroscience, neuropsychology, biostatistics, practice methodology, cognitive non-pharmacological interventions, and legislative dimensions relevant to Occupational Therapy. My pedagogical approach thrives in participatory learning environments, encouraging active student engagement and collaborative discourse.

Innovation is the cornerstone of my academic aspirations. I am a strong advocate for integrating emerging technologies into the curriculum. Notably, my involvement in groundbreaking initiatives like the UAB-led Mediaverse project underscores my commitment to advancing educational methodologies. Over the course of two academic years, I have worked closely with students to produce immersive 360° videos tailored to various interventions. Additionally, I have successfully integrated virtual reality techniques into selected courses, enriching the educational experience and preparing students for the evolving landscape of occupational therapy practice.

### Research Focus:

My research aligns closely with the esteemed OCCARE research group at EUIT, focusing on the efficacy of complex interventions across diverse populations. My primary focus is on cognitive intervention methodologies based on occupation-centered approaches. Furthermore, I explore the educational and therapeutic potential of emerging technologies as intervention tools.

A highlight of my academic journey includes the culmination of my doctoral dissertation, which explored the application of occupation-based cognitive interventions for individuals living with dementia. This research not only advanced scholarly discourse



but also had significant implications for clinical practice, emphasizing the transformative potential of non-pharmacological interventions in enhancing the lives of those with cognitive impairments.

## General quality indicators of scientific research

This section describes briefly the main quality indicators of scientific production (periods of research activity, experience in supervising doctoral theses, total citations, articles in journals of the first quartile, H index...). It also includes other important aspects or peculiarities.

My research has mainly focused on the field of occupational therapy, with particular emphasis on complex non-pharmacological interventions and the therapeutic use of occupation. According to Google Scholar, I have an H-index of 3 and a total of 48 citations, which highlights the impact and dissemination of my work within the scientific community.

Additionally, my i10-index is 2, indicating that at least two of my publications have achieved notable visibility and citation in the academic field.

Some of my most significant and widely cited publications include:

1. "Interventions Based on Exercise and Environmental Modifications for Fall Prevention in Individuals with Cognitive Impairment Living in Care Facilities: A Systematic Review and Meta-Analysis" (Revista Española de Geriátría y Gerontología, 2016) – 19 citations. This study has been instrumental in developing fall prevention strategies for vulnerable populations, providing evidence on the effectiveness of combined interventions.

2. "Effectiveness of Cognition-Focused Interventions in Activities of Daily Living Performance in People with Dementia: A Systematic Review" (British Journal of Occupational Therapy, 2017) – 16 citations.

This review has been widely referenced in designing cognition-centered intervention strategies aimed at improving functional performance for individuals with dementia.

3. "Occupational Balance of Spanish Occupational Therapists – A Challenge" (Scandinavian Journal of Occupational Therapy, 2023) – 3 citations.

This study contributes to the ongoing discussion on occupational balance among occupational therapists and the factors that influence its maintenance within the professional community.

To enhance the visibility and recognition of my work in academia, I actively maintain my profiles on Google Scholar, ResearchGate, and ORCID, facilitating the traceability of my research. Overall, my scientific production is characterized by methodological rigor and contributes to enhancing clinical practice in occupational therapy.



The citations and recognition of my publications reflect the impact of my work on both scientific and professional communities.



## JESICA GARRIDO PEDROSA

Surname(s): **GARRIDO PEDROSA**  
Name: **JESICA**  
ORCID: **0000-0002-2550-7727**  
ScopusID: **AGM-1146-2022**  
Contact province: **Barcelona**  
Contact address: **C/ DE LA RIBA, 90**  
Postcode: **08221**  
Contact country: **Spain**  
Contact aut. region/reg.: **Catalonia**  
Contact city: **TERRASSA**  
Email: **jessicagarrido@euit.fdsll.cat**

### Current professional situation

**Employing entity:** Fundació per a la Docència Sant Llàtzer      **Type of entity:** University

**Department:** Escuela Universitaria de Enfermería y Terapia ocupacional de Terrassa, Centro Adscrito a Universitat Autònoma de Barcelona

**Professional category:** PROFESORA INVESTIGADORA ADJUNTA

**City employing entity:** Catalonia, Spain

**Phone:** (+34) 937837777 - 231

**Start date:** 01/09/2012

**Type of contract:** Permanent employment contract

**Primary (UNESCO code):** 320000 - Medical Science

**Performed tasks:** Docencia dentro del grado de Terapia Ocupacional.



## Education

### University education

#### 1st and 2nd cycle studies and pre-Bologna degrees

- 1 University degree:** Higher degree  
**Name of qualification:** MÁSTER UNIVERSITARIO EN PATOLOGÍA NEUROLÓGICA  
**Degree awarding entity:** Universidad Rey Juan Carlos      **Type of entity:** University  
**Date of qualification:** 30/06/2011
- 2 University degree:** Middle degree  
**Name of qualification:** POSGRADO EN PSICOGERIATRÍA  
**Degree awarding entity:** Universitat Autònoma de Barcelona      **Type of entity:** University  
**Date of qualification:** 20/06/2008
- 3 University degree:** Middle degree  
**Name of qualification:** DIPLOMATURA EN TERAPIA OCUPACIONAL  
**Degree awarding entity:** ESCOLA UNIVERSITARIA DE LA CREU ROJA      **Type of entity:** University  
**Date of qualification:** 30/07/2005

#### Doctorates

**Doctorate programme:** Doctorado en Salud, Bienestar y Calidad de Vida  
**Degree awarding entity:** Universitat de Vic      **Type of entity:** University  
**Date of degree:** 13/09/2017

## Teaching experience

### Experience supervising doctoral thesis and/or final year projects

- 1 Project title:** TFG. "MÁS ALLÁ DE LAS SIGLAS". ADAPTACIONES E INTERVENCIONES TERAPÉUTICAS EN PACIENTES CON TDAH EN EL ÁMBITO ESCOLAR  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA      **Type of entity:** University  
**Student:** NOEMÍ VAZQUEZ CABALLERO  
**Date of reading:** 19/01/2024
- 2 Project title:** TFG. INTERVENCIONES DE TERAPIA OCUPACIONAL EN EL SÍNDROME DE GUILLAIN BARRÉ  
**Entity:** ESCOLA UNIVERSITARIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA      **Type of entity:** University



**Student:** Yolanda Garcia De Arriba

**Date of reading:** 19/01/2024

- 3 Project title:** TFG. ENFILA I GIRA, POTENCIA L'AUTONOMIA. Disseny d'un producte de suport per la millora de l'organització de rutines, la comunicació i l'autonomia d'infants amb Trastorn de l'Espectre Autista  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Student:** JULIA HARDER RAMÓN  
**Date of reading:** 12/05/2022
- 4 Project title:** TFG. SITUACIÓ DE LES PERSONES TRANS EN EL MÓN LABORAL: Una mirada des de la teràpia ocupacional  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Student:** CLARA GONZALEZ ROMERO  
**Date of reading:** 12/06/2021
- 5 Project title:** Programa sobre Teràpies No Farmacològiques en persones amb Demència  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University  
**Student:** NURIA BALLEST VIVES  
**Date of reading:** 13/06/2020
- 6 Project title:** TFG. EL JOC SENSE LÍMITS, UNA QÜESTIÓ DE NECESSITAT Projecte sobre la modificació inclusiva i contextual de les àrees de joc infantil a la ciutat de Barcelona  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University  
**Student:** NOELIA COUSO SÁNCHEZ  
**Date of reading:** 13/06/2020
- 7 Project title:** TFG. Programa d'integració sensorial per infants amb autisme.  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University  
**Student:** ESTEFANIA JORDAN GRACIA  
**Date of reading:** 12/06/2020
- 8 Project title:** TFG. EFECTIVIDAD DE LAS INTERVENCIONES DE ESTIMULACIÓN MULTISENSORIAL EN LAS PERSONAS CON PLURIDISCAPACIDAD Revisión Sistemática  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University  
**Student:** BRENDA IBARZ MONTULL  
**Date of reading:** 10/06/2017
- 9 Project title:** TFG. INFLUENCIA DEL DEPORTE EN EL TRASTORNO POR DÉFICIT DE ATENCIÓN E HIPERACTIVIDAD  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University  
**Student:** BORJA AGUILAR GOMEZ  
**Date of reading:** 10/06/2017
- 10 Project title:** TFG. Títol treball: T'AGRADA? FEM-HO! Programa de promoció de autonomia para personas con cambio cerebral sobrevenido: Proyecto de vida  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Type of entity:** University



**Student:** ESTHER BARTHELS  
**Date of reading:** 13/06/2014

**11 Project title:** TFG. PROYECTO RAFI  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Student:** KAREN DURAN SEGURA  
**Date of reading:** 11/06/2014  
**Type of entity:** University

**12 Project title:** TFG. AQUÍ I ARA PROGRAMA D'ORIENTACIÓ A LA REALITAT DE "LA NOSTRA LLAR"  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL  
**Student:** SARA CORTÉS MORENO  
**Date of reading:** 13/06/2013  
**Type of entity:** University

**13 Project title:** TFG. Programa Básico de Atención Sociosanitaria: Accesibilidad a la Realidad Comunicativa de las Personas Sordas y Sordociegas  
**Entity:** ESCOLA UNIVERSITÀRIA D'INFERMERIA I TERÀPIA OCUPACIONAL DE TERRASSA  
**Student:** ANA LAZO ZAMORA  
**Date of reading:** 13/06/2013  
**Type of entity:** University

## Healthcare experience

### Projects for planning/improving healthcare

**Name of the project:** "MUSIC FOR CHRONIC-PAIN RELIEF"  
**Entity where project took place:** Hospital Universitari de Bellvitge  
**Start date:** 23/05/2023  
**Duration:** 2 years  
**Type of entity:** Healthcare Institutions



## Scientific and technological experience

### Scientific or technological activities

#### R&D projects funded through competitive calls of public or private entities

**Name of the project:** ENSAYO CLÍNICO PILOTO, ALEATORIZADO, CONTROLADO, CON DOS GRUPOS PARALELOS, ABIERTO, UNICÉNTRICO, PARA EVALUAR EL EFECTO Y LA SEGURIDAD DE ESCUCHAR MUSICA O AUDIOLIBROS COMO TRATAMIENTO COADYUVANTE EN PACIENTES DIAGNOSTICADOS DE DOLOR CRÓNICO Y EN TRATAMIENTO CON OPIOIDES. PROYECTO “MUSIC FOR CHRONIC-PAIN RELIEF”

**Entity where project took place:** FUNDACION PRIVADA INSTITUT D'INVESTIGACIO BIOMEDICA DE BELLVITGE (IDIBELL)

**City of entity:** Hospitalet del Llobregat, Catalonia, Spain

**Name principal investigator (PI, Co-PI....):** Fernandez Dueñas IP

**Nº of researchers:** 12

**Funding entity or bodies:**

Plan Nacional sobre Drogas

**Type of entity:** Business

**Start-End date:** 03/05/2023 - 05/05/2025

#### R&D non-competitive contracts, agreements or projects with public or private entities

**1 Name of the project:** UCITO: Acompañando a las personas ingresadas en Unidades de Cuidados Intensivos y humanizando los cuidados y entornos a través de la Terapia Ocupacional”

**Type of project:** Demonstration, pilot projects, conceptual formulations and design of processes and services  
**Entity where project took place:** Hospital de Bellvitge

**Degree of contribution:** Coordinator of total project, network or consortium

**Entity where project took place:** Hospital de Bellvitge

**City of entity:** Hospitalet del Llobregat, Spain

**Name principal investigator (PI, Co-PI....):** Jèssica Garrido Pedrosa; Maria Miñana Álvarez; Irene Beltrá Martínez; Laura Vidaña Moya

**Nº of researchers:** 4

**Funding entity or bodies:**

COLEGIO OFICIAL DE TERAPIA OCUPACIONAL (COTOC)

**Type of entity:** Associations and Groups

**City funding entity:** Barcelona, Catalonia, Spain

**Start date:** 01/07/2024

**Duration:** 2 years

**Total amount:** 3.000 €

**Relevant results:** The project is currently in the data collection phase, but preliminary findings indicate functional improvements following active occupational therapy intervention during the patients' ICU stay.

**2 Name of the project:** La cultura como instrumento de bienestar e inclusión social: Evaluación del impacto de la actividad Un matí d'orquestra de L'Auditori

**Degree of contribution:** Researcher

**Name principal investigator (PI, Co-PI....):** SALVADOR SIMÓ ALGADO

**Nº of researchers:** 5**Participating entity/entities:** Escola Superior de Música de Catalunya ; Universitat de Vic**Funding entity or bodies:**

AUDITORI NACIONAL DE CATALUNYA

**Type of entity:** EMPRESA PÚBLICA**City funding entity:** BARCELONA, Catalonia, Spain**Start date:** 29/11/2017**Duration:** 8 months

## Scientific and technological activities

### Scientific production

**1** **H index:** 2**Date of application:** 05/03/2025**Source of H-Index:** WOS**2** **H index:** 3**Date of application:** 05/03/2025**Source of H-Index:** GOOGLE SCHOLAR

### Publications, scientific and technical documents

**1** Jèssica Garrido-Pedrosa; Elisabet Capdevila; Núria Berga-Quintana; Loreto González-Román; Maria Eulalia Guijosa-Mira; Irene Astilleros Castro; Jennifer Grau-Sánchez. Effectiveness of Tailored Multisensory Stimulation Intervention in People with Major Neurocognitive Disorder: A Quasiexperimental Pilot Study. Occupational Therapy International. pp. 1 - 14. Wiley, 2024.**DOI:** 10.1155/2024/7223301**Type of production:** Scientific paper**Position of signature:** 1**Total no. authors:** 7**Corresponding author:** Yes**Source of citations:** Scholar Google**Citations:** 1**Relevant publication:** Yes**2** Jennifer Grau Sánchez; Ancor Serrano; Jesús Villoria; Thiago Carnaval; María F Porto; Lorena Zapata; Montse Flores García; Emma Segura; Jessica Garrido Pedrosa; Antoni Rodríguez Fornells; Víctor Fernández Dueñas; Sebastian Videla. Effect and safety of listening to music or audiobooks as a coadjuvant treatment for chronic pain patients under opioid treatment: a study protocol for an openlabel, parallel-group, randomised, controlled, proof-of-concept clinical trial in a tertiary hospital in the Barcelona South Metropolitan area. BMJ Open. 13 - e074948, pp. 1 - 12. BMJ, 11/09/2023.**DOI:** 10.1136/bmjopen-2023-074948**Type of production:** Scientific paper**Format:** Journal**Position of signature:** 9**Total no. authors:** 12**Corresponding author:** No**Source of citations:** Google Scholar**Citations:** 1**Relevant publication:** Yes

- 3** LORETO GONZALEZ ROMAN; PAULA PERAL GOMEZ; JESSICA GARRIDO PEDROSA; ZANGO MARTIN IMMACULADA; PETRA WAGMAN; SÁNCHEZ PEREZ ALICIA. Occupational balance of Spanish occupational therapists - a challenge. SCANDINAVIAN JOURNAL OF OCCUPATIONAL THERAPY. pp. 1 - 8. TAYLOR & FRANCIS ONLINE, 07/11/2022.

**DOI:** 10.1080/11038128.2022.2145994.

**Type of production:** Scientific paper

**Format:** Journal

**Position of signature:** 3

**Total no. authors:** 6

**Corresponding author:** No

**Source of citations:** Google Scholar

**Citations:** 3

**Relevant publication:** Yes

- 4** JESICA GARRIDO PEDROSA; ISABEL SALA MATAVERA; NURIA OBRADORS ARANDA. Effectiveness of cognition-focused interventions in activities of daily living performance in people with dementia: A systematic review. BRITISH JOURNAL OF OCCUPATIONAL THERAPY. 80 - 7, pp. 397 - 408. SAGE, 01/02/2017.

**DOI:** 10.1177/0308022617698166

**Type of production:** Scientific paper

**Format:** Journal

**Position of signature:** 1

**Total no. authors:** 3

**Corresponding author:** Yes

**Source of citations:** PUBMED

**Citations:** 16

**Relevant results:** Key Findings: Multicomponent Programs: Interventions that combined individualized cognitive rehabilitation with cognitive stimulation activities, such as group discussions, were found to be beneficial. These programs helped maintain or improve the functional abilities of individuals with dementia, suggesting that a holistic approach addressing various cognitive aspects can be effective. - Cognitive Training: In contrast, interventions focusing solely on decontextualized cognitive training tasks, like letter cancellation exercises, did not demonstrate significant benefits in enhancing daily living activities. This indicates that isolated cognitive drills may not effectively translate to improvements in real-world functional tasks. In summary, the review suggests that cognition-focused interventions, especially those integrating personalized cognitive rehabilitation with stimulating activities, can positively influence the daily functioning of individuals with dementia. However, generic cognitive training without contextual relevance appears less effective.

**Relevant publication:** Yes

- 5** Jordi Calvo Sanz; M<sup>a</sup> Angeles Diaz Vela; Alberto Jardón Huet; Karima Bouallalene Jaramillo; Loreto González-Román; Jessica Garrido-Pedrosa; Pol Monne Cuevas. Training in the Use of Myoelectric Prostheses Through the Combined Application of Immersive Virtual Reality, Cross-education, and Mirror Therapy. JPO Journal of Prosthetics and Orthotics. pp. 1 - 7. 05/12/2024.

**DOI:** 10.1097/JPO.0000000000000543

**Type of production:** Scientific paper

**Format:** Journal

**Position of signature:** 6

**Total no. authors:** 7

**Corresponding author:** Yes

- 6** Daniel Prieto-Botella; Paula Fernández-Pires; Paula Peral-Gómez; Cristina Espinosa-Sempere; Verónica Company-Devesa; José-Ángel Pastor-Zaplana; Loreto González-Román; Jessica Garrido-Pedrosa; Inmaculada Zango-Martín; Petra Wagman; Alicia Sánchez-Pérez. Factors associated with the occupational balance in caregivers of people with dementia: A cross-sectional study from the ATENEA project. BMC Geriatrics. 24 - 917, pp. 1 - 9. 2024.

**DOI:** 10.1186/s12877-024-05518-9

**Type of production:** Scientific paper

**Format:** Journal

**Position of signature:** 8

**Total no. authors:** 11

**Corresponding author:** Yes

**Source of citations:** Scholar Google

**Citations:** 1



- 7** SALVADOR SIMÓ ALGADO; JESICA GARRIDO PEDROSA; TERESA PÉREZ; MARINA GELI; ANNA BUGATELL. La cultura como instrumento de bienestar e inclusión social: evaluación del impacto del programa Centro de Cultura Contemporánea de Barcelona-Alzheimer. Arte, Individuo y Sociedad. 29, pp. 57 - 75. Revistas científicas complutenses, 11/03/2017.  
**DOI:** 10.5209/ARIS.54501  
**Type of production:** Scientific paper **Format:** Journal  
**Total no. authors:** 5 **Corresponding author:** No
- 8** LORETO GONZÁLEZ ROMÁN; CARITAT BAGUR CALAFAT; GERARD URRUTIA CUCHÍ; JESICA GARRIDO PEDROSA. Intervenciones basadas en el ejercicio y el entorno para la prevención de caídas en personas con deterioro cognitivo que viven en centros de cuidado: revisión sistemática y metaanálisis. Revista Española de Geriátría y Gerontología. 51 - 2, pp. 96 - 111. ELSEVIER, 11/09/2016.  
**DOI:** 10.1016/j.regg.2015.12.002  
**Type of production:** Scientific paper **Format:** Journal  
**Position of signature:** 4  
**Total no. authors:** 4 **Corresponding author:** No  
**Source of citations:** GOOGLE SCHOLAR **Citations:** 19
- 9** JESICA GARRIDO PEDROSA. Promoción de la autonomía personal y atención a las personas en situación de dependencia: papel de la terapia ocupacional. Terapia ocupacional en geriatría: principios y práctica. pp. 337 - 343. ELSEVIER MASSON, 05/09/2010.  
**Type of production:** Book chapter **Format:** Book  
**Corresponding author:** Yes
- 10** JESICA GARRIDO PEDROSA. Un caso práctico a través del baremo de valoración de dependencia (BVD). Terapia ocupacional en geriatría: principios y práctica. pp. 344 - 347. ELSEVIER MASSON, 04/09/2010.  
**Type of production:** Book chapter **Format:** Book  
**Corresponding author:** Yes

### Works submitted to national or international conferences

- 1** **Title of the work:** Listening to music as a coadjuvant treatment for chronic pain patients under opioid treatment  
**Name of the conference:** The Neurosciences and Music VIII  
**City of event:** Helsinki, Finland  
**Date of event:** 13/06/2024  
**End date:** 16/06/2024  
**Organising entity:** Fondazione Mariani  
**City organizing entity:** Italy
- 2** **Title of the work:** Innovant en salut des de Teràpia Ocupacional  
**Name of the conference:** Jornada del dia mundial de la Teràpia Ocupacional  
**City of event:** Barcelona, Spain  
**Date of event:** 18/11/2023  
**City organizing entity:** COTOC, United Kingdom
- 3** **Title of the work:** Proyecto de Aprendizaje Servicio Universitario: Co-creación de videos 360º con experiencias inmersivas interactivas para la salud y el bienestar comunitario  
**Name of the conference:** Congreso Internacional de Terapia Ocupacional  
**Corresponding author:** Yes  
**City of event:** San Juan de Alicante, Catalonia, Spain



**Date of event:** 10/05/2023

**End date:** 12/05/2023

**Organising entity:** Universidad Miguel Hernández de **Type of entity:** University  
Elche

**City organizing entity:** San Juan Alicante, Valencian Community, Spain  
Garrido Pedrosa 1; Capdevila Puigpiquer; Gonzalez Román.

**4 Title of the work:** University Service-Learning Project: Co-creation of 360° videos with interactive immersive experiences for health

**Name of the conference:** ENOTHE Annual Meeting

**Corresponding author:** No

**City of event:** TBILISI, Georgia

**Date of event:** 15/10/2022

**Organising entity:** ENOTHE

**Type of entity:** SIN ANIMO DE LUCRO

ELISABETH CAPDEVILA PUIGPIQUER; JESSICA GARRIDO PEDROSA; LORETO GONZALEZ ROMÁN.

"University Service-Learning Project: Co-creation of 360° videos with interactive immersive experiences for health".

**5 Title of the work:** La música y la cultura como instrumentos de bienestar e inclusión social en personas con demencia

**Name of the conference:** CITO

**Corresponding author:** Yes

**City of event:** ALICANTE, Valencian Community, Spain

**Date of event:** 10/05/2019

**End date:** 12/05/2019

**Organising entity:** Universidad Miguel Hernández de **Type of entity:** University  
Elche

**City organizing entity:** ALICANTE, Valencian Community, Spain

GARRIDO PEDROSA JÈSSICA; SIMÓ ALGADO SALVADOR; AGUILERA. "La música y la cultura como instrumentos de bienestar e inclusión social en personas con demencia".

**6 Title of the work:** MÉTODOS COGNITIVOS BASADOS EN LA OCUPACIÓN. UNA APROXIMACIÓN COGNITIVA BAJO EL PRISMA DE LA OCUPACIÓN PARA PERSONAS CON DEMENCIA EN FASE MODERADA

**Name of the conference:** I CONGRESO INTERNACIONAL DE PSICOLOGÍA, SALUD Y EDUCACIÓN

**Corresponding author:** Yes

**City of event:** OVIEDO, Principality of Asturias, Spain

**Date of event:** 11/11/2017

**Organising entity:** COLEGIO OFICIAL DE PSICÓLOGOS DEL PRINCIPADO DE ASTURIAS

**City organizing entity:** OVIEDO, Principality of Asturias, Spain

JESICA GARRIDO PEDROSA; ISABEL SALA MATAVERA; NURIA OBRADORS ARANDA.

**7 Title of the work:** De la cognición a la ocupación: Intervención cognitiva desde el hacer

**Name of the conference:** III CONGRESO INTERNACIONAL DE TERAPIA OCUPACIONAL

**Corresponding author:** Yes

**City of event:** ELCHE, Region of Murcia, Spain

**Date of event:** 12/05/2017

**End date:** 14/05/2017

**Organising entity:** Universidad Miguel Hernández de **Type of entity:** University  
Elche

**City organizing entity:** ELCHE, Region of Murcia, Spain

JESICA GARRIDO PEDROSA; ISABEL SALA MATAVERA; NURIA OBRADORS ARANDA.



- 8** **Title of the work:** El arte como camino de bienestar e inclusión social para personas con Alzheimer  
**Name of the conference:** ALZHEIMER'S DISEASE INTERNACIONAL. ALZHEIMER IBERO AMÉRICA  
**Corresponding author:** Yes  
**City of event:** SAN JOSÉ, Costa Rica  
**Date of event:** 13/10/2016  
**End date:** 15/10/2016  
**Organising entity:** ALZHEIMER IBEROAMÉRCIA **Type of entity:** Associations and Groups  
**City organizing entity:** SANT JOSE, Costa Rica  
JESICA GARRIDO PEDROSA; SALVADOR SIMÓ ALGADO.
- 9** **Title of the work:** Cognitive methods based on occupation: pilot study protocol  
**Name of the conference:** VI International Workshop on Higher Education  
**Corresponding author:** Yes  
**City of event:** VIC, Catalonia, Spain  
**Date of event:** 30/06/2016  
**End date:** 30/06/2016  
**Organising entity:** Universitat de Vic **Type of entity:** University  
**City organizing entity:** VIC, Catalonia, Spain  
JESICA GARRIDO PEDROSA.
- 10** **Title of the work:** Relationships between cognition and funcionality: Evolution and rehabilitation  
**Name of the conference:** 5TH INTERNATIONAL WORKSHOP ON HIGHER EDUCATION  
**Corresponding author:** Yes  
**City of event:** VIC, Catalonia, Spain  
**Date of event:** 09/06/2015  
**End date:** 12/06/2015  
**Organising entity:** Universitat de Vic **Type of entity:** University  
**City organizing entity:** VIC, Catalonia, Spain  
JESICA GARRIDO PEDROSA.
- 11** **Title of the work:** EFICACIA DE LA TERAPIA DE ESTIMULACIÓN COGNITIVA SOBRE LA HABILIDAD DE LLEVAR A CABO ACTIVIDADES DE LA VIDA DIARIA EN PERSONAS CON DEMENCIA. UNA REVISIÓN SISTEMÁTICA  
**Name of the conference:** VI CONGRESO NACIONAL DE ALZHEIMER  
**Corresponding author:** Yes  
**City of event:** VALLADOLID, Castile and León, Spain  
**Date of event:** 14/11/2014  
**Organising entity:** CEAFA **Type of entity:** Associations and Groups  
**City organizing entity:** VALLADOLID, Castile and León, Spain  
JESICA GARRIDO PEDROSA.
- 12** **Title of the work:** FACILITACIÓ DE L'AUTONOMIA A TRAVÉS DE L'ENTORN  
**Name of the conference:** 8es JORNADES INTERDISCIPLINARS CATALANES DE RESIDÈNCIES DE GENT GRAN  
**City of event:** BARCELONA, Catalonia, Spain  
**Date of event:** 22/03/2014  
**End date:** 21/03/2014  
**Organising entity:** COLEGIO MEDICOS DE BARCELONA **Type of entity:** COLEGIO PROFESIONAL  
**City organizing entity:** BARCELONA, Catalonia, Spain

JESICA GARRIDO PEDROSA.

- 13** **Title of the work:** INTERVENCIONS BASEDES EN L'EXERCICI I ENTORN PER A LA PREVENCIÓ DE CAIGUDES EN PERSONES AMB DETERIORAMENT COGNITIU INGRESSADES EN CENTRES DE CURES: REVISIÓ SISTEMÀTICA  
**Name of the conference:** XXXI JORNADES SANITÀRIES DEL VALLÈS  
**Corresponding author:** No  
**City of event:** SANT QUIRZE DEL VALLES, Catalonia, Spain  
**Date of event:** 19/04/2013  
**End date:** 20/04/2013  
**Organising entity:** FILIAL DEL VALLÉS OCCIDENTAL  
**City organizing entity:** SANT QUIRZE DEL VALLES, Catalonia, Spain  
LORETO GONZALEZ; JESICA GARRIDO; CARITAT BAGUR; GERARD URRÚTIA.
- 14** **Title of the work:** BENEFICIOS DE LA TERAPIA NO FARMACOLÓGICA EN HOSPITAL DE DIA EN DEMENCIAS LEVE-MODERADAS  
**Name of the conference:** GLOBAL ALZHEIMER'S RESEARCH SUMMIT  
**Corresponding author:** Yes  
**City of event:** MADRID, Community of Madrid, Spain  
**Date of event:** 22/09/2011  
**End date:** 23/09/2011  
**Organising entity:** FUNDACION REINA SOFIA  
**City organizing entity:** MADRID, Community of Madrid, Spain  
JESICA GARRIDO PEDROSA.
- 15** **Title of the work:** Barreras arquitectónicas en el domicilio de los pacientes con demencia.  
**Name of the conference:** XII Jornadas de Actualización en Psicogeriatría  
**City of event:** Barcelona, Catalonia, Spain  
**Date of event:** 08/05/2008  
**End date:** 09/05/2008  
**Organising entity:** Germanes Hospitalaries Sagrat Cor Serveis de Salut Mental **Type of entity:** Healthcare Institutions  
**City organizing entity:** Barcelona, Catalonia, Spain  
JESICA GARRIDO PEDROSA; MERITXELL PRAT ALBERT.

## R&D management and participation in scientific committees

### Scientific, technical and/or assessment committees

- 1** **Committee title:** Comité organizador y científico de la jornada del día de la TO  
**Affiliation entity:** COTOC  
**City affiliation entity:** Barcelona,  
**Start-End date:** 04/09/2023 - 18/11/2024
- 2** **Committee title:** II JORNADA DE LA EUIT  
**Primary (UNESCO code):** 320000 - Medical Science  
**Affiliation entity:** ESCUELA UNIVERSITARIA DE ENFERMERIA Y TERAPIA OCUPACIONAL DE TERRASSA **Type of entity:** University Centres and Structures and Associated Bodies  
**City affiliation entity:** TERRASSA, Catalonia, Spain



**Start-End date:** 18/11/2014 - 18/11/2014

**3** **Committee title:** I JORNADA EUIT

**Primary (UNESCO code):** 320000 - Medical Science

**Affiliation entity:** ESCOLA UNIVERSITARIA  
D'INFERMERIA I TERAPIA OCUPACIONAL DE  
TERRASSA

**Type of entity:** University

**City affiliation entity:** TERRASSA, Catalonia, Spain

**Start-End date:** 11/02/2014 - 11/02/2014